

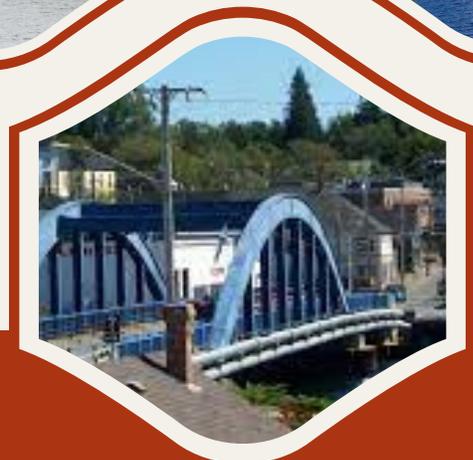


March 2023

QUICK LOOK

AT THE NUMBERS

South Shore



Source: Statistics Canada, 2021 Census of Population

Prepared by: Public Health Services, Western Zone, Nova Scotia Health

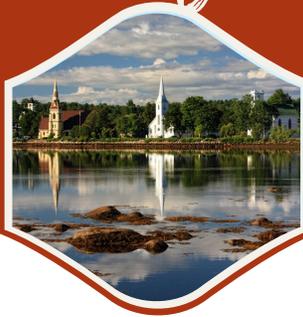
Contact: Nancy Green, Health Promoter - nancy.green@nshealth.ca

Lunenburg County

Population:

48,599

↑ 3.1%



Population Distribution

0-14 YRS

12
percent

15-24 YRS

8
percent

25-64 YRS

50
percent

65 + YRS

30
percent

One-Parent Families

14
percent

of families in Lunenburg County are one-parent families

Low Income (LIM-AT)

In 2021, approximately **7,755** people (16%) in Lunenburg County were living in low income.

Compared to NS

16% vs **15%**

- Children 0-17 years 17%
- Children 0-5 years. . . . 18%
- Seniors 65 and over. . . . 22%

Median Income

The median income is the income amount that divides a population into two equal groups; half having an income above and half having an income below that amount.

Household Income

One Person Income

\$65,500

\$32,400

Two or More Persons

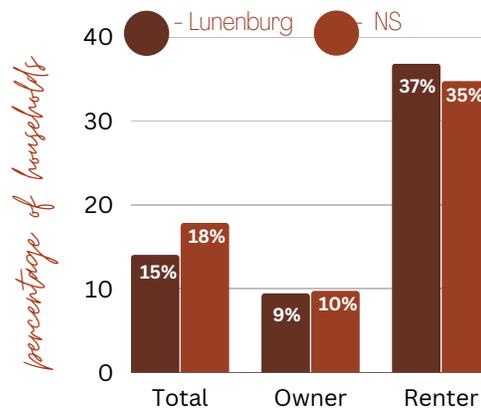
One-Parent Family

\$82,000

\$58,000

Housing Affordability

Spending More Than 30% on Shelter



Spending more than 30% of household income on shelter costs is an indicator of financial strain. It increases the risk of not having enough money for necessities such as food, clothing, and transportation.

RENTERS SPENDING > 30%

In Lunenburg County, 12% of tenant households are in subsidized housing.

RENTERS

VS

OWNERS

Household Characteristics

private rented dwellings

19%

4,350 private households

private owned dwellings

80%

18,055 private households

Average Shelter Costs

\$917

Core Housing Need: **24%**

\$873

Core Housing Need: **6%**

A much larger proportion of renters spend more than 30% of household income on shelter costs and are in core housing need.

Overall, 2,025 households (9%) need major repair, and 32% (7,245) were built before 1960.

Educational Attainment

persons aged 25-64 years

13%

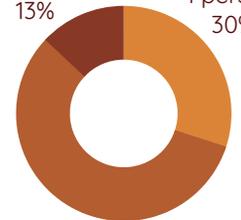
have no certificate, diploma or degree

Household Size

Average size: 2.1

4+ persons, 13%

1 person, 30%



2-3 persons, 57%

Food Insecurity

Lunenburg-Queens
NS Quality of Life Survey



17% report eating less because there was not enough food or money at least once over the last year.

Municipality of the District of Chester

Population:

10,693

↑ 3.7%



Population Distribution

0-14 YRS



15-24 YRS



25-64 YRS



65 + YRS



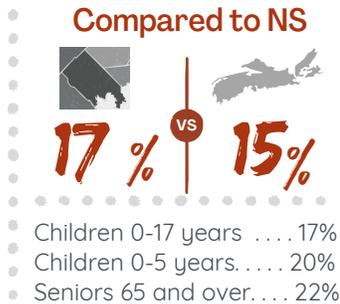
One-Parent Families



of families in MoDC are one-parent families

Low Income (LIM-AT)

In 2021, approximately **1,755** people (17%) in MoDC were living in low income.



Median Income

The median income is the income amount that divides a population into two equal groups; half having an income above and half having an income below that amount.

Household Income

One Person Income

\$64,500

\$31,400

Two or More Persons

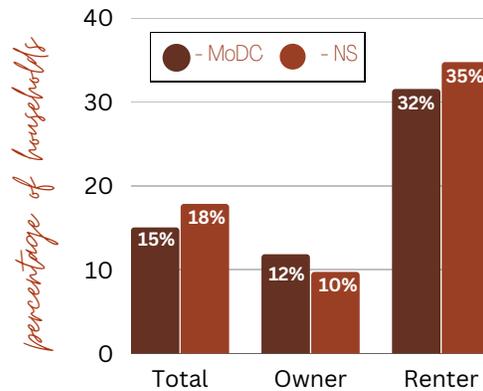
One-Parent Family

\$83,000

\$56,000

Housing Affordability

Spending More Than 30% on Shelter



Spending more than 30% of household income on shelter costs is an indicator of financial strain. It increases the risk of not having enough money for necessities such as food, clothing, and transportation.



RENTERS SPENDING > 30%

In MoDC, 8% of tenant households are in subsidized housing.

RENTERS

VS

OWNERS

Household Characteristics

private rented dwellings



830 private households

private owned dwellings



4,205 private households

Average Shelter Costs



Core Housing Need: 22%



Core Housing Need: 7%

A much larger proportion of renters spend more than 30% of household income on shelter costs and are in core housing need.

Overall, 465 households (9%) need major repair, and 29% (1,440) were built before 1960.

Educational Attainment

persons aged 25-64 years

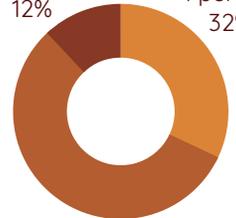


have no certificate, diploma or degree

Household Size

Average size: 2.1

4+ persons, 12%
1 person, 32%



2-3 persons, 56%

Food Insecurity

Lunenburg-Queens
NS Quality of Life Survey



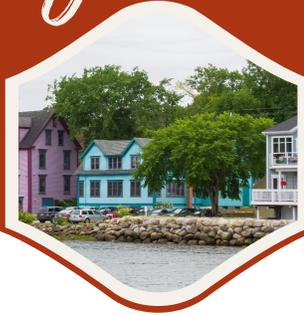
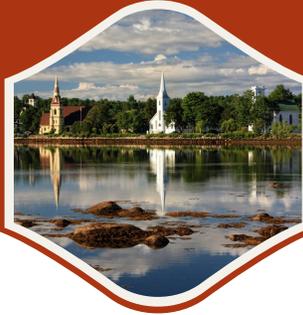
17% report eating less because there was not enough food or money at least once over the last year.

Town of Mahone Bay

Population:

1,064

↑ 2.7%



Population Distribution

0-14 YRS



15-24 YRS



25-64 YRS



65 + YRS



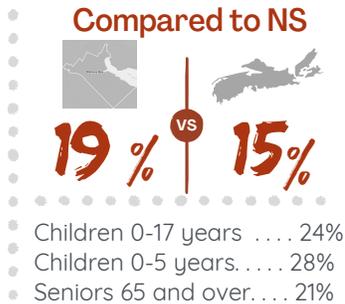
One-Parent Families



of families in Mahone Bay are one-parent families

Low Income (LIM-AT)

In 2021, approximately **190** people (19%) in Mahone Bay were living in low income.



Median Income

The median income is the income amount that divides a population into two equal groups; half having an income above and half having an income below that amount.

Household Income

One Person Income

\$62,000

\$32,800

Two or More Persons

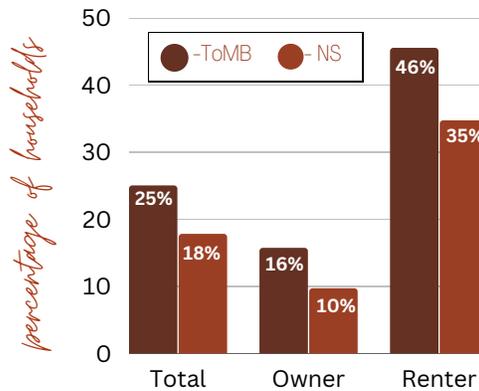
One-Parent Family

\$87,000

\$53,200

Housing Affordability

Spending More Than 30% on Shelter



Spending more than 30% of household income on shelter costs is an indicator of financial strain. It increases the risk of not having enough money for necessities such as food, clothing, and transportation.

RENTERS SPENDING > 30%

RENTERS

VS

OWNERS

Household Characteristics

private rented dwellings



170 private households

private owned dwellings



355 private households

Average Shelter Costs



Core Housing Need: **36%**



Core Housing Need: **6%**

A much larger proportion of renters spend more than 30% of household income on shelter costs and are in core housing need.

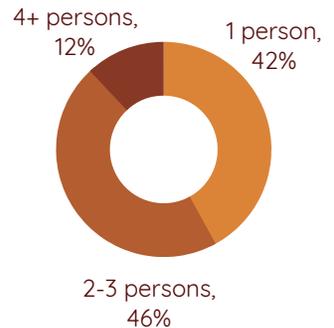
Overall, 30 households (6%) need major repair, and 54% (280) were built before 1960.

Educational Attainment



Household Size

Average size: 1.9



Food Insecurity

Lunenburg-Queens
NS Quality of Life Survey



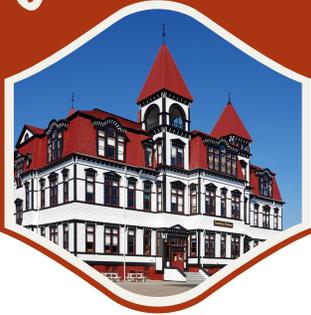
17% report eating less because there was not enough food or money at least once over the last year.

Town of Lunenburg

Population:

2,396

↑ 5.9%



Population Distribution

0-14 YRS



15-24 YRS



25-64 YRS



65 + YRS



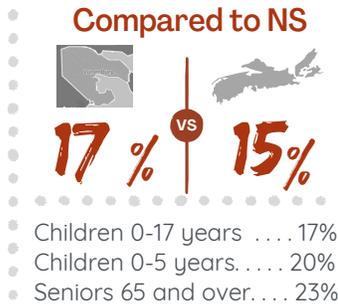
One-Parent Families



of families in Lunenburg are one-parent families

Low Income (LIM-AT)

In 2021, approximately 370 people (17%) in Lunenburg were living in low income.



Median Income

The median income is the income amount that divides a population into two equal groups; half having an income above and half having an income below that amount.

Household Income

One Person Income

\$63,200

\$32,800

Two or More Persons

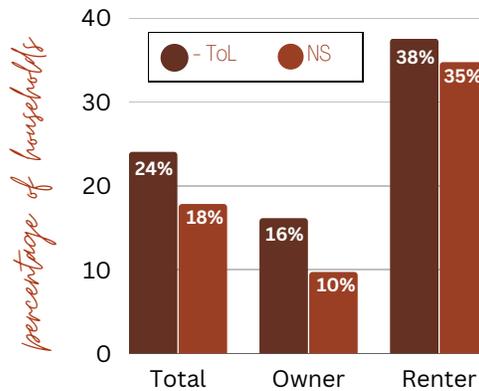
One-Parent Family

\$89,000

\$58,400

Housing Affordability

Spending More Than 30% on Shelter



Spending more than 30% of household income on shelter costs is an indicator of financial strain. It increases the risk of not having enough money for necessities such as food, clothing, and transportation.



In Lunenburg, 16% of tenant households are in subsidized housing.

RENTERS VS OWNERS

Household Characteristics



Average Shelter Costs



A much larger proportion of renters spend more than 30% of household income on shelter costs and are in core housing need.

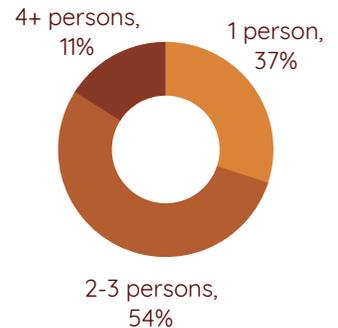
Overall, 80 households (7%) need major repair, and 63% (690) were built before 1960.

Educational Attainment



Household Size

Average size: 2



Food Insecurity

Lunenburg-Queens NS Quality of Life Survey



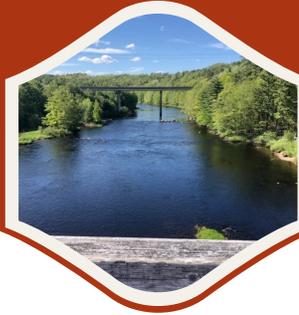
17% report eating less because there was not enough food or money at least once over the last year.

Town of Bridgewater

Population:

8,790

3%



Population Distribution

0-14 YRS

12
percent

15-24 YRS

10
percent

25-64 YRS

48
percent

65 + YRS

30
percent

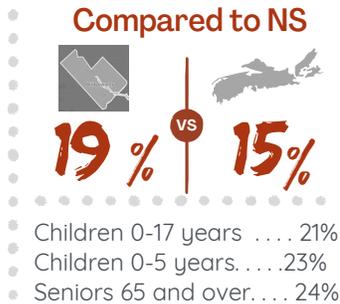
One-Parent Families

20
percent

of families in Bridgewater are one-parent families

Low Income (LIM-AT)

In 2021, approximately **1,595** people (19%) in Bridgewater were living in low income.



Median Income

The median income is the income amount that divides a population into two equal groups; half having an income above and half having an income below that amount.

Household Income

One Person Income

\$57,200

\$31,000

Two or More Persons

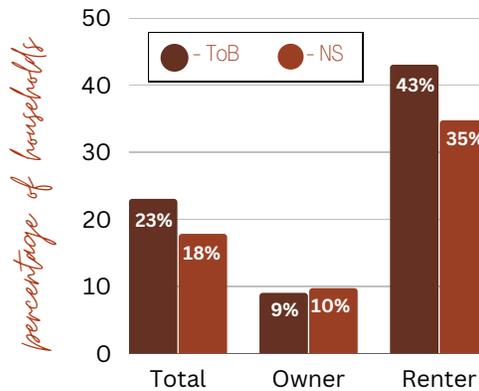
One-Parent Family

\$77,000

\$54,000

Housing Affordability

Spending More Than 30% on Shelter



Spending more than 30% of household income on shelter costs is an indicator of financial strain. It increases the risk of not having enough money for necessities such as food, clothing, and transportation.



RENTERS SPENDING > 30%

In Bridgewater, 13% of tenant households are in subsidized housing.

RENTERS

VS

OWNERS

Household Characteristics

private rented dwellings

42%

1,790 private households

private owned dwellings

58%

2,470 private households

Average Shelter Costs

\$966

Core Housing Need: 27%

\$955

Core Housing Need: 5%

A much larger proportion of renters spend more than 30% of household income on shelter costs and are in core housing need.

Overall, 360 households (9%) need major repair, and 27% (1,165) were built before 1960.

Educational Attainment

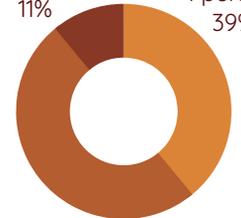
persons aged 25-64 years

13% have no certificate, diploma or degree

Household Size

Average size: 2

4+ persons, 11% 1 person, 39%



2-3 persons, 50%

Food Insecurity

Lunenburg-Queens
NS Quality of Life Survey



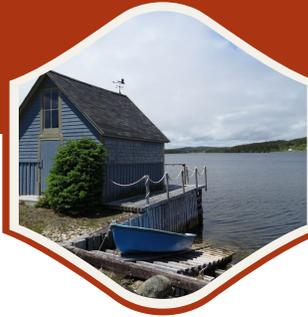
17% report eating less because there was not enough food or money at least once over the last year.

Municipality of the District of Lunenburg

Population:

25,545

↑ 2.7%



Population Distribution

0-14 YRS

12 percent

15-24 YRS

8 percent

25-64 YRS

51 percent

65 + YRS

29 percent

One-Parent Families

12 percent

of families in MoDL are one-parent families

Low Income (LIM-AT)

In 2021, approximately **3,780** people (15%) in MoDL were living in low income.

Compared to NS

15% vs 15%

- Children 0-17 years 14%
- Children 0-5 years. . . . 14%
- Seniors 65 and over. . . . 22%

Median Income

The median income is the income amount that divides a population into two equal groups; half having an income above and half having an income below that amount.

Household Income

\$69,000

One Person Income

\$34,000

Two or More Persons

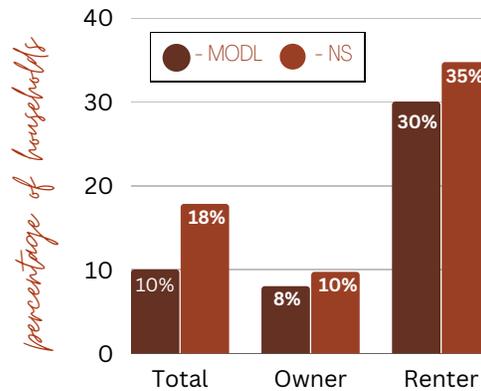
\$83,000

One-Parent Family

\$60,400

Housing Affordability

Spending More Than 30% on Shelter



Spending more than 30% of household income on shelter costs is an indicator of financial strain. It increases the risk of not having enough money for necessities such as food, clothing, and transportation.

RENTERS SPENDING > 30%

In MoDL, 10% of tenant households are in subsidized housing.

RENTERS VS OWNERS

Household Characteristics

private rented dwellings

10%

1,165 private households

private owned dwellings

90%

10,340 private households

Average Shelter Costs

\$838

Core Housing Need: 27%

\$814

Core Housing Need: 7%

A much larger proportion of renters spend more than 30% of household income on shelter costs and are in core housing need.

Overall, 1,090 households (9%) need major repair, and 32% (3,665) were built before 1960.

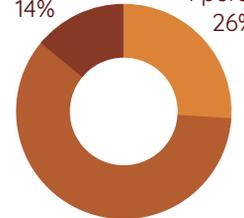
Educational Attainment

14% persons aged 25-64 years have no certificate, diploma or degree

Household Size

Average size: 2.2

4+ persons, 14%
1 person, 26%



2-3 persons, 60%

Food Insecurity

Lunenburg-Queens NS Quality of Life Survey



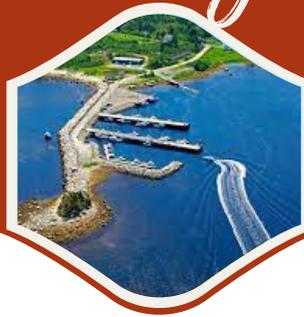
17% report eating less because there was not enough food or money at least once over the last year.

Queens County

Population:

10,501

↑ 1.4%



Population Distribution

0-14 YRS



15-24 YRS



25-64 YRS



65 + YRS



One-Parent Families

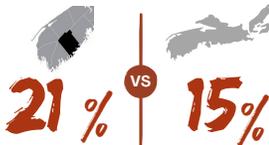


of families in Queens County are one-parent families

Low Income (LIM-AT)

In 2021, approximately **2,160** people (21%) in Queens County were living in low income.

Compared to NS



- Children 0-17 years 23%
- Children 0-5 years. . . . 30%
- Seniors 65 and over. . . . 26%

Median Income

The median income is the income amount that divides a population into two equal groups; half having an income above and half having an income below that amount.

Household Income

One Person Income

\$56,800

\$30,000

Two or More Persons

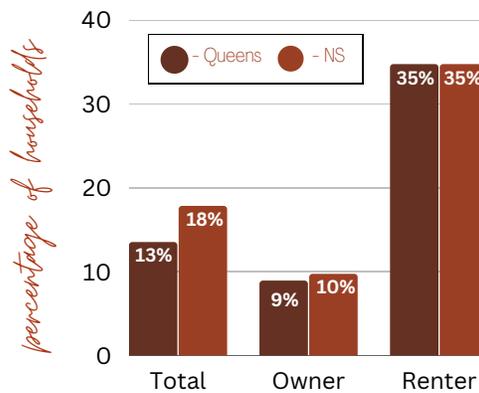
One-Parent Family

\$73,500

\$50,800

Housing Affordability

Spending More Than 30% on Shelter



Spending more than 30% of household income on shelter costs is an indicator of financial strain. It increases the risk of not having enough money for necessities such as food, clothing, and transportation.



In Queens County, 18% of tenant households are in subsidized housing.

RENTERS

VS

OWNERS

Household Characteristics

private rented dwellings



885 private households

private owned dwellings



4,100 private households

Average Shelter Costs



Core Housing Need: **17%**



Core Housing Need: **4%**

A much larger proportion of renters spend more than 30% of household income on shelter costs and are in core housing need.

Overall, 620 households (12%) need major repair, and 44% (2,175) were built before 1960.

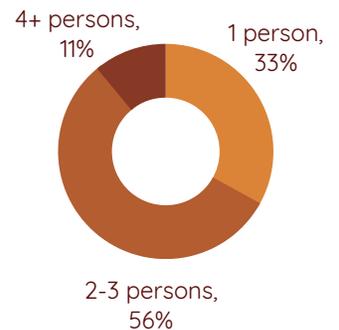
Educational Attainment

persons aged 25-64 years



Household Size

Average size: 2.1



Food Insecurity

Lunenburg-Queens
NS Quality of Life Survey



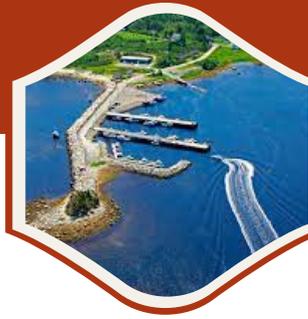
17% report eating less because there was not enough food or money at least once over the last year.

Region of Queens Municipality

Population:

10,422

↑ 1.2%



Population Distribution

0-14 YRS

11 percent

15-24 YRS

8 percent

25-64 YRS

50 percent

65 + YRS

31 percent

One-Parent Families

14 percent

of families in RQM are one-parent families

Low Income (LIM-AT)

In 2021, approximately 2,145 people (21%) in RQM were living in low income.

Compared to NS

21% vs 15%

- Children 0-17 years 23%
- Children 0-5 years 30%
- Seniors 65 and over . . . 26%

Median Income

The median income is the income amount that divides a population into two equal groups; half having an income above and half having an income below that amount.

Household Income

One Person Income

\$56,800

\$30,000

Two or More Persons

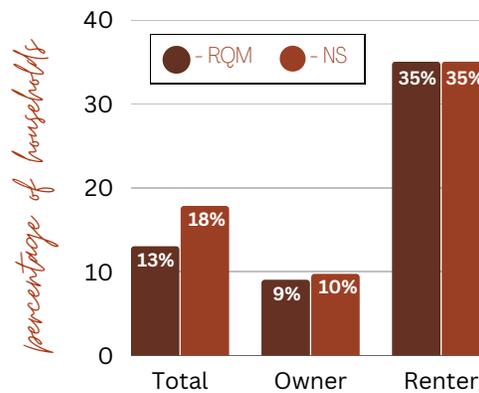
One-Parent Family

\$73,500

\$50,800

Housing Affordability

Spending More Than 30% on Shelter



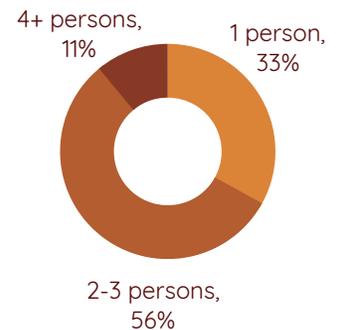
Spending more than 30% of household income on shelter costs is an indicator of financial strain. It increases the risk of not having enough money for necessities such as food, clothing, and transportation.

RENTERS SPENDING > 30%

In RQM, 18% of tenant households are in subsidized housing.

Household Size

Average size: 2.1



RENTERS

VS

OWNERS

Household Characteristics

private rented dwellings

18%

885 private households

private owned dwellings

82%

4,095 private households

Average Shelter Costs

\$772

Core Housing Need: 17%

\$707

Core Housing Need: 4%

A much larger proportion of renters spend more than 30% of household income on shelter costs and are in core housing need.

Overall, 620 households (13%) need major repair, and 44% (2,175) were built before 1960.

Educational Attainment

persons aged 25-64 years

17% have no certificate, diploma or degree

Food Insecurity

Lunenburg-Queens NS Quality of Life Survey



17% report eating less because there was not enough food or money at least once over the last year.

Nova Scotia

Population:

969,383



5%



Population Distribution

0-14 YRS



15-24 YRS



25-64 YRS



65 + YRS



One-Parent Families



of families in Nova Scotia are one-parent families

Low Income (LIM-AT)

In 2021, approximately **142,180** people (15%) in Nova Scotia were living in low income.

Compared to Canada



- Children 0-17 years 17%
- Children 0-5 years 20%
- Seniors 65 and over . . . 20%

Median Income

The median income is the income amount that divides a population into two equal groups; half having an income above and half having an income below that amount.

Household Income

One Person Income



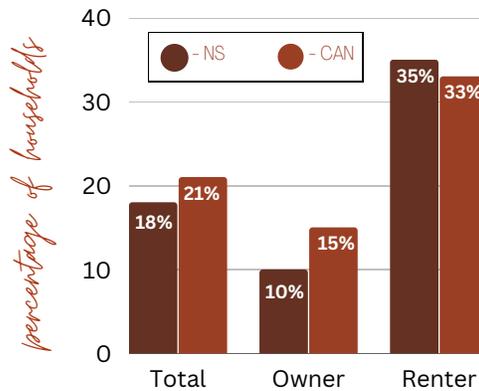
Two or More Persons

One-Parent Family



Housing Affordability

Spending More Than 30% on Shelter



Spending more than 30% of household income on shelter costs is an indicator of financial strain. It increases the risk of not having enough money for necessities such as food, clothing, and transportation.



In Nova Scotia, 11% of tenant households are in subsidized housing.

RENTERS

VS

OWNERS

Household Characteristics

private rented dwellings



139,415 private households

private owned dwellings



285,995 private households

Average Shelter Costs



Core Housing Need: **21%**



Core Housing Need: **5%**

A much larger proportion of renters spend more than 30% of household income on shelter costs and are in core housing need.

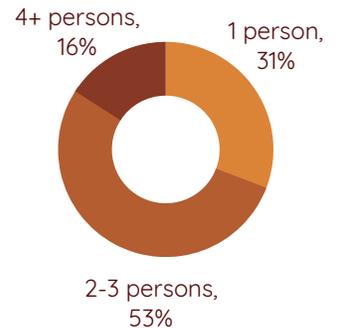
Overall, 35,215 households (8%) need major repair, and 26% (110,850) were built before 1960.

Educational Attainment



Household Size

Average size: 2.2



Food Insecurity

Nova Scotia
NS Quality of Life Survey



18.4% report eating less because there was not enough food or money at least once over the last year.

Canada

Population: **36,991,981** ↑ 5.2%



Population Distribution

0-14 YRS



15-24 YRS



25-64 YRS



65 + YRS



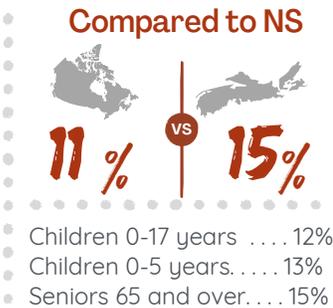
One-Parent Families



of families in Canada are one-parent families

Low Income (LIM-AT)

In 2021, approximately **4,016,065** people (11%) in Canada were living in low income.



Median Income

The median income is the income amount that divides a population into two equal groups; half having an income above and half having an income below that amount.

Household Income

One Person Income

\$84,000

\$41,600

Two or More Persons

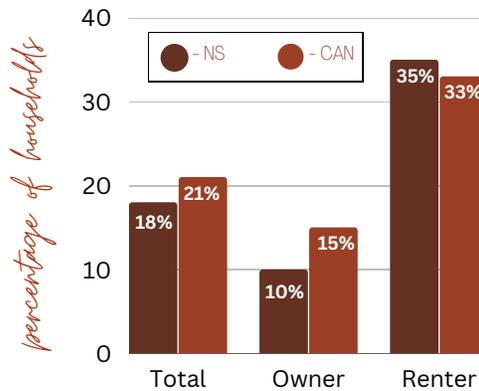
One-Parent Family

\$105,000

\$70,000

Housing Affordability

Spending More Than 30% on Shelter



Spending more than 30% of household income on shelter costs is an indicator of financial strain. It increases the risk of not having enough money for necessities such as food, clothing, and transportation.



RENTERS SPENDING > 30%

In Canada 12% of tenant households are in subsidized housing.

RENTERS

VS

OWNERS

Household Characteristics

private rented dwellings



4,953,840 private households

private owned dwellings



9,955,975 private households

Average Shelter Costs



Core Housing Need: 20%



Core Housing Need: 5%

A much larger proportion of renters spend more than 30% of household income on shelter costs and are in core housing need.

Overall, 919,545 households (6%) need major repair, and 20% (3,027,045) were built before 1960.

Educational Attainment

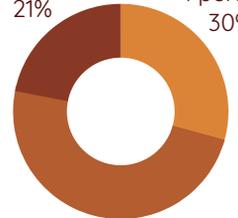


Household Size

Average size: 2.4

4+ persons, 21%

1 person, 30%



2-3 persons, 49%

Food Insecurity

Canada
Canada Income Survey (2020)



11.2% report eating less because there was not enough food or money at least once over the last year.